

# COMPANY PROFILE

We are the brand defining the scope of Acro in the UK and beyond. Our ultimate mission is to provide up to date and current teaching methods in Acro to students, teachers and choreographers alike.

We provide Acro Teacher Training to dance & performing arts teachers (amongst others) throughout the UK and beyond.

In addition, we provide student workshops to Dance Schools, Performing Arts Schools, and Gymnasiums.

Acrotrix are affiliated with and provide teaching to industry leading names including Sylvia Young Theatre School, Momentum Performing Arts Academy, Mrs Katya Jones, and many more.





# TAKING THE FIRST STEP

### BECOMING AN ASSISTANT ACRO TEACHER

We all have to start somewhere.
It is a logical progression to
move on from practicing an
activity or art to then teaching it.
It becomes second nature to
some.

Don't hire external teachers - grow your team to be the best they can be for the classes.

### Teach Well

Understanding the attributes of good teaching and putting it into practice

### Acro 'FLOOR' skills

The fundamentals of all acro shapes; Progressions for Cartwheels, Handstands, rolls, variations and more

### Acro 'FOLD' skills

Progressions of limbering, bridge positions, preparations for walkovers and more

### Acro 'FLIGHT' skills

The foundations of dynamic skills, take offs, landings, shapes and progressions for good tumbling technique



# MODULE 1 'BASICS' (ONLINE)

### MODULE A 'ASSIST'

(ONLINE)

MODULE 2
'SPECIFICS'
(IN PERSON)

Complete structure of modules in Acrotrix Teacher Training

MODULE 3
'MECHANICS'
(IN PERSON)



### THE ONLY

ACRO Syllabus to be fully backed by industry insurers to be taught online.

YES you will receive certification to state you are a qualified Assistant Acro Teacher once you have completed the assessment.







#### **ACROTRIX**

The syllabus you will work under

### **INSURE4SPORT**

Accredited by, and providers of our bespoke insurance underwriting

#### CPD

Certificate includes
CPD certification

### **OUR PARTNERS**



# FREQUENTLY ASKED QUESTIONS

### Will I be able to teach ONLINE and in physical classes?

ABSOLUTELY. You will receive certification for assisting teaching the skills online and "offline" too.

### How long is the course?

The course is approx 3 hours. There is a separate theory test which you are allowed up to 30mins for. If you have SEN/D and will require more time for the theory, please inform us before the course.

### Will I need to invite any students, or bring anything?

Nope. We provide demonstrators, and we will send out the materials to you as well!

### What is the minimum age to attend this course?

Anyone from the age of 14yrs+ can attend this course.

# FREQUENTLY ASKED QUESTIONS (PART 2)

### Do I need any previous qualifications?

No you don't. As we will be teaching from the fundamentals, and assessing on the day, you will be qualified with us regardless of previous qualifications.

#### What about assessments?

There will be a written assessment to be completed on the day.

### What about handsprings and tumbling?

This course will not include flighted skills such as tumbling. From age 18yrs+, the remaining modules can be completed to learn how to teach these skills

### Can I teach by myself when I've qualified?

No. When teaching, you must be in the room with a teacher who is qualified to minimum Acrotrix Module 1 at least.

# 2020/21

**DEC** 

JAN

**FEB** 

**MAR** 

**APR** 

SUNDAY 13

SUNDAY 31

SUNDAY 28

SUNDAY 28

SUNDAY 25

## UPCOMING COURSE DATES





### **CONTACT US**

Tap any of the icons below to follow us or contact us!



info@acrotrix.com

@acrotrix

**Acrotrix**