(AT) ACROTRIX

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## COMPANY PROFILE

We are the brand defining the scope of Acro in the UK and beyond. Our ultimate mission is to provide up to date and current teaching methods in Acro to students, teachers and choreographers alike.

We provide Acro Teacher Training to dance & performing arts teachers (amongst others) throughout the UK and beyond.

In addition, we provide student workshops to Dance Schools, Performing Arts Schools, and Gymnasiums.

Acrotrix are affiliated with and provide teaching to industry leading names including Sylvia Young Theatre School, Momentum Performing Arts Academy, Mrs Katya Jones, and many more.







## THEY ARE DOING IT ANYWAY.

When we say 'they', we mean students - of all ages & abilities. They are constantly doing acro in houses, back gardens, parks, and anywhere they can find space. It is our responsibility as teachers to ensure they are safe whilst practicing, and practicing with proper technique.

You would be AMAZED with what students can learn online, at home!

TO TEACH THE

VOU WILL



#### 'FOLD' skills:

All splits; Bridge positions (+entries); Front Over; Back Bend & Kick overs; Fwd & Bwd Walkovers;

#### 'FLOOR' skills

Straddle & Pike strength holds; Headstands; Elbow stands; Handstands; Handstand F roll; Bwd roll to HS; Fish Roll (+tornado); Cartwheel (+ 1 arm);

#### 'FLIGHT' skills

Exercises for the Side Aerial; Exercises for the Round off



MODULE 1

**BASICS** 

(ONLINE)

**MODULE 2** 

**SPECIFICS** 

(IN PERSON)

## FULL STRUCTURE OF COURSES

MODULE 3

**MECHANICS** 

(IN PERSON)



## **THE ONLY**

ACRO Syllabus to be taught online, and be fully insured for all skills work taught on the course

YES you will receive certification to state you have completed the course.

You will then need to take our ACROTRIX Associate Teachers
Membership (£8.99/month) to be fully insured to teach all skills on the course







#### **ACROTRIX**

The syllabus you will work under

#### **INSURE4SPORT**

Accredited by, and providers of our bespoke insurance underwriting

#### **CPD**

Certificate includes
CPD certification

## **OUR PARTNERS**



## COSTS & FEES

£179

FULL PRICE FOR THE COURSE - INCLUDES COURSE MATERIALS

£8.99
PER MONTH

PRICE OF MEMBERSHIP INCLUDES
COMPREHENSIVE
INSURANCE FOR ACRO

## FREQUENTLY ASKED QUESTIONS

#### Will I be able to teach ONLINE and in physical classes?

ABSOLUTELY. You will receive certification for teaching the skills online and "offline" too.

#### How long is the course?

It is a 1-day course of 5hours in length,

#### Will I need to invite any students, or bring anything?

Nope. We provide demonstrators, and we will send out the materials to you as well!

#### I'm old. Slightly. Will I need to demo anything

Haha! No way. Just be very attentive on how to break down the skills

## FREQUENTLY ASKED QUESTIONS

#### Do I need any previous qualifications?

No you don't. As we will be teaching from the fundamentals, and assessing on the day, you will be qualified with us regardless of previous qualifications.

#### What about assessments?

There will be a written assessment to be completed on the day & 2 weeks to complete a practical assessment which can also be done online.

#### What about handsprings and tumbling?

This course will not include flighted skills such as tumbling. The remaining modules SPECIFICS and MECHANICS will include these elements and be taught in person at a later date.

#### Is there a syllabus to follow to put students through exams?

Absolutely. We have a full syllabus with levels 1-8, and will be providing remote examinations



MAY

JUNE

**JULY** 

**AUG** 

**SEPT** 

FRIDAY 29TH

FRIDAY 26TH

FRIDAY 24TH

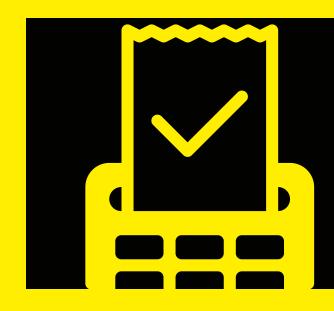
FRIDAY 28TH

FRIDAY 25TH

## TIMELINE OF COURSES

2020 DATES





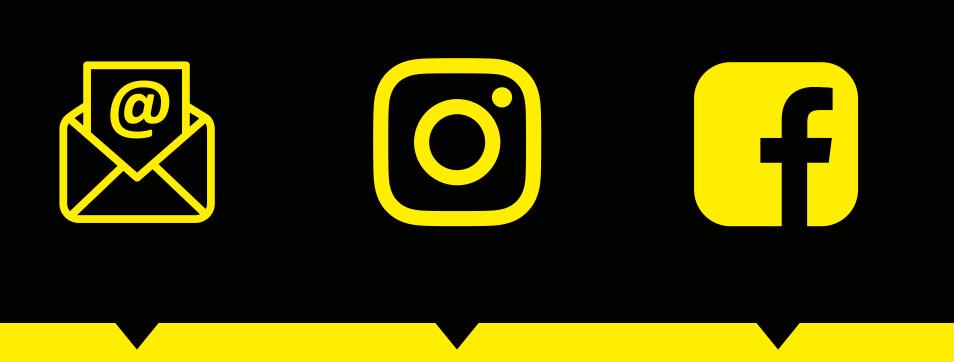
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